New Zealand Based Fellowships

Updated January 2025

NORTHLAND:

Whangarei Shoulder & Knee Fellowship **– 6 months commencing August**
The fellow receives funding and the fellowship is specifically directed towards newly qualified NZ orthopaedic surgeons.
Contact: Marc Hirner

AUCKLAND:

Trauma Fellowship **- 6 months commencing February and August**
Auckland City Hospital
Contact Rajani Mutyala (ADHB) RajaniM@adhb.govt.nz

Arthroplasty Fellowship **- 12 months commencing August**
Auckland City Hospital
Contact Rajani Mutyala (ADHB) RajaniM@adhb.govt.nz

Spine Fellowship **- 12 months commencing July**
Auckland City Hospital
Contact Rajani Mutyala (ADHB) RajaniM@adhb.govt.nz

2 x Arthroplasty Fellowships **- 12 months commencing June and December**
North Shore Hospital, Takapuna
Contact: Mr Rob Sharp

Shoulder & Elbow Fellowship **- 6 months commencing January or July**
North Shore Hospital, Takapuna
The contact is Mr Peter Poon – For more details please email: admin@nzoa.org.nz

2 x Paediatric Orthopaedic Surgery Fellowships **- 12 months commencing August**
Starship Children's Hospital
The Paediatric Orthopaedic Surgery Fellowships at Starship Children's Hospital provide a broad exposure to all subspecialties of paediatric orthopaedics, including upper extremity, hip, lower extremity, foot and ankle, trauma, oncology, skeletal dysplasias, neuromuscular disorders and congenital deformities/malformations. There is minimal exposure to paediatric spine surgery, which is predominantly covered by the Starship Paediatric Spine Surgery Fellow.

This one-year clinical fellowship programme commences in August and revolves around a mentorship model, with fellows undertaking defined rotations with paediatric orthopaedic surgeons in the clinic and operating room. Fellows take senior call as part of a two-tier on call roster, undertake a central role in clinical conferences and registrar teaching, and are expected to undertake at least one significant research project during their fellowship year. The Fellowship Director is Mr Matthew J Boyle & for more information or to apply, please email admin@nzoa.org.nz

Paediatric Spine Surgery Fellowship **- 12 months commencing August**
Starship Children's Hospital
The Paediatric Spine Surgery Fellowship at Starship Children's Hospital provides a broad exposure to all aspects of paediatric spine surgery and complex spinal deformity correction, from casting and growth preserving techniques through to complex osteotomies. There is minimal exposure to general paediatric orthopaedic surgery, which is predominantly covered by the Starship Paediatric Orthopaedic Surgery Fellows.
This one-year clinical fellowship programme commences in August and revolves around a mentorship model, with the fellow paired with paediatric orthopaedic spine surgeons in the clinic and operating room. The fellow takes senior call as part of a two-tier on call roster, undertakes a central role in clinical conferences and registrar teaching, and is expected to undertake at least one significant research project during their fellowship year. The Fellowship Director is Mr Matthew J Boyle & for more information or to apply, please email admin@nzoa.org.nz

Sports Orthopaedic Fellowship **- 6 months**
This is a general Sports Fellowship under the guidance of Mr Stewart Walsh at Unisports Orthopaedics with exposure to all areas of the body. Preference will be given to New Zealand graduates. Interested applicants can contact Stewart: SW@unisportsortho.co.nz or ph: 09 521 9857.

Middlemore Spine Fellowship **– 12 months commencing February**
This fellowship begins on 1 February & runs through to the end of January the following year. Middlemore Hospital has the Regional Spinal Cord Injuries Unit for the upper North Island of New Zealand with a catchment population of 2.5 million. Working with four orthopaedic spine surgeons, the fellow will be involved in the care of acute and elective spine patients, including patients admitted through the Regional Acute Spinal Cord Injury Pathway. Fellows will also gain experience in the management of the full range of spinal column injuries.
Exposure to outpatient clinics allows assessment of new spine patients and those requiring follow up. Elective referrals expose the Fellow to management of degenerative diseases, infections, inflammatory arthritis, adolescent scoliosis, tumours and metastatic disease and complex deformity. The Fellow would be intimately involved in the assessment, co-ordination, and treatment of patients with spinal cord injuries. This is a clinical fellowship however opportunities for research are available and would be supported.
Suitable applicants must have proof of NZ Medical Council registration, or evidence from NZMC that you qualify for NZ registration for an orthopaedic fellowship. We could consider a shorter fellowship or alternative start dates should this be necessary.
Queries or applications with CV attached are via e-mail to Mr Alpesh Patel: Orthopaedics.Generic@middlemore.co.nz.

***2 x Hand Fellowships* - 12 months commencing mid-year**
The Middlemore Hospital Hand service offer two, 12 month Fellowships, commencing August annually; for one plastic and one orthopaedic surgeon who plan a career in Hand or Upper Limb surgery. This is a comprehensive Fellowship, covering all aspects of Hand and Wrist surgery, including Tetraplegic and Brachial plexus reconstruction but excluding Congenital Hand surgery. There is a large Trauma component to the Fellowship. Interested applicants should apply early, as the Fellowship is usually booked several years in advance; they should anticipate having passed the FRACS (or equivalent), prior to shortlisting/interview. The Fellowship is a recognised part of the FRACS PFET post graduate training in Hand surgery.
Middlemore Hospital
Private Bag 93311
Otahuhu, AUCKLAND
The contact is Dr Karen Smith: Karen.Smith@middlemore.co.nz

WAIKATO:

Waikato Arthroplasty Fellowship
The Waikato Arthroplasty Fellowship is a comprehensive program for an aspiring Arthroplasty Surgeon delivered by experienced Arthroplasty surgeons. Extensive and complex primary and revision surgery is undertaken. Experience is gained through attendance at operating sessions in both public and private settings, weekly outpatient clinics and academic pursuits (if desired). For selected candidates, after an initial period of assessment, the opportunity is there to perform solo arthroplasty operating as skills allow and participation in the general orthopaedic trauma service is encouraged.

6- and 12-month Fellowships are possible, but preference is given to candidates pursuing 12 months. Located in Hamilton city, the third largest city in North Island; 1½ hours drive south of Auckland, and offering a superb lifestyle and quality-of-life working environment. As the largest employer in Hamilton, there is a varied and approachable social network based around the hospital. It is within easy reach of both West Coast surfing and East Coast leisure beaches. The Ruapehu Ski-fields are three hours drive away, and there are outstanding opportunities for hiking, sailing, fishing, biking and many other outdoor activities within the Waikato, and throughout New Zealand. Contact Neville Strick at neville.strick@waikatodhb.health.nz or +64 7 839 8899.

***Upper Limb Fellowship* - 12 months commencing February**
The upper limb fellow will be working with three surgeons (Carl Jones, Chris O'Meeghan, Thin Hong) with upper limb interest, on call 1 in 8 at senior registrar capacity. The fellowship can be 6 or 12 months (preferably 12 months). It will cover a broad spectrum of upper limb surgeries including arthroscopy, trauma, soft tissue surgeries and arthroplasty although the fellowship gravitates more towards shoulder/elbow than wrist/hand. Interested parties should send their CV and contact Mr Carl Jones: carl.jones@waikatodhb.health.nz or Mr Thin Hong: thin.hong@waikatodhb.health.nz.

***Waikato Hospital Orthopaedic Trauma Fellowship* - 12 months commencing July**
Waikato Hospital is a level 1 Trauma Hospital which services the central North Island of New Zealand (population approximately 1/2 million) covering all aspects of Orthopaedic Trauma.

The fellowship includes opportunities to gain exposure to all aspects of Orthopaedic Trauma (Upper Limb, Pelvis, Lower Limb and Spine) with the ability to tailor the experience to the individual's interests.
This fellowship is largely clinically based with a mix of Fellow and Consultant lists however opportunities for research are available.
Interested applicants should email their CV & cover letter to:
orthotraumafellow@waikatodhb.health.nz.

WELLINGTON

***Wellington Spine Fellowship* – 6 or ideally 12 months**
Available from January or July 2023

The Wellington Spine Fellowship delivers an all-round fellowship experience in both the public and private sector. The fellowship programme involves 5 orthopaedic spinal surgeons based at Wellington Hospital CCDHB.

Services provided include involvement in a dedicated spinal on call roster and management of acute and elective spinal conditions. The fellow will have experience in both paediatric and adult deformity spinal surgery, trauma surgery in the neurologically intact patient, onco-spine and the full spectrum of spinal conditions.

The fellowship is predominantly a clinical one, however one research project and attendance at an Australasian spinal meeting is encouraged. The opportunity for additional locum sessions providing orthopaedic or trauma cover is possible if required by the department. It is also possible to spend a short period of secondment with our neurosurgical colleagues at CCDHB gaining knowledge and experience.

Applicants should be eligible for general scope registration with the Medical Council of New Zealand.

Contact: jonathon.richards@ccdhb.org.nz

CHRISTCHURCH:

***Arthroplasty Fellowship* - 12 Months commencing August**
For more details & to apply, please contact Prof Gary Hooper: gary.hooper@otago.ac.nz

***Upper Limb/Elbow Fellowship* - 12 months commencing August**
The contact is Mr Alex Malone – For more details please email: admin@nzoa.org.nz

***Orthopaedic Trauma Fellowship* - 12 Months commencing July**
Christchurch School of Medicine, University of Otago
The Orthopaedic Trauma Service provides tertiary level care to a population of over 500,000. The trauma practice is primarily based at Christchurch Hospital with occasional (planned) acute theatre service provision at Burwood Hospital. The service runs two and a half trauma operating theatres on a daily basis through the week and a single theatre on each day of the weekend. Supervision will be provided by Mr Jonathan Sharr, Mr Nick Lash and Mr Andrew Powell. The Fellow can expect to have three full operating days each week. There will also be one evening a week on call with a registrar, but no night shift requirement. There will also be two fracture clinics each week and the opportunity

to teach medical students, house officers and registrars. Extra locum work may also be available when DHB service requirements are needed.
The successful applicant is encouraged to complete at least one Academic Publication or International Standard Presentation during the fellowship.
Fellows are allocated currently, and for the 12 months starting July 2022, and the 12 months from July 2023. Applications and interest are now being accepted for the 12 month July 2024 Fellowship and selection will take place prior to end of December 2022.

Position description. For more details and to apply, please contact Jonny Sharr: jonathan.sharr@cdhb.health.nz.

DUNEDIN:

***Hip and Knee Arthroplasty and Trauma Fellowship – (*12 months) usually commences July/August.**
This fellowship based at Dunedin Public Hospital covers mainly primary and revision hip and knee arthroplasty. It also includes orthopaedic trauma but no on-call commitments. They will be expected to hold out-patient clinics to assess patients with hip and knee disease and to perform primary and revision surgery as the primary operator with appropriate supervision.
There are opportunities to carry out clinical and basic science research. Applicants should have completed advanced orthopaedic training and be in possession of the FRACS (Orth) or equivalent and be eligible for general registration with the Medical Council of New Zealand.
For more details, contact dnortho@southerndhb.govt.nz.