

Wishbone Relay

Waka Ama Auckland



All funds raised support the Wishbone Foundation



Join the Journey - Support Orthopaedic Innovation



Trip Highlights

- Waka Ama Race at the Hyundai Maritime Centre in Okahu Bay
- 4 Auckland hospitals & 1 private sector crew face off on the water
- Lifejackets & steerer provided
- Lunch at the Akarana Eatery (also located in the Maritime Centre)

What's It All For?

Wishbone have funded NZ based orthopaedic research for over 25 years & this research then improves NZ patient outcomes and transforms lives through increased mobility & quicker patient recovery time. Orthopaedic surgeons and outdoor adventurers Perry Turner and Ian Galley have worked with local coordinators to offer adventures then length of NZ - all aiming to raise both awareness and funds needed for this orthopaedic research.

The sections hosted by Invercargill Hospital start mid-January 2024 and the Wishbone Relay finishes in late March 2024 with a gala dinner & sporting events hosted by Auckland surgeons.

The locally run & sponsored journeys create an opportunity for the orthopaedic community from all over NZ to come together, get active & support Wishbone by walking, biking, paddling, sailing and more!

Colleagues, friends & family ... everyone moving together to support orthopaedic research and helping Kiwis by restoring function and quality of life.

Logistics

Date: Sunday 17 March 2024

Duration: Morning & Lunch

Start: 10am-12pm Waka Ama @ 8/10 Tamaki Drive, (Okahu Bay) Orakei.
1pm Lunch at Akarana Eatery

Finish: Same location after a leisurely lunch

Grade: Competitive (but fun) social event

Activities: Waka Ama & lunch (great location for swimmers & supporters too!)

Accommodation: Self manage – see links below

Cost: Waka Ama is sponsored & Lunch costs TBC

How To Book: Email Haemish Crawford: HaemishC@abjs.co.nz

Wishbone Relay

Waka Ama Auckland



All funds raised support the Wishbone Foundation



Join the Journey - Support Orthopaedic Innovation



Links

To any venue maps & other related websites etc

<https://akarana.co.nz/the-trust/>

<https://akarana.co.nz/akarana-eatery/>

<https://www.aucklandnz.com/explore?category=Stay>

Wishbone Relay

Waka Ama Auckland



All funds raised support the Wishbone Foundation



Join the Journey - Support Orthopaedic Innovation



Hosts & Escorts

Perry & Ian have set themselves the challenge of completing as many of the legs as possible with you and they are both pouring vast amounts of time & energy into organising this Wishbone Relay - Why?

“My main motivation was to bring all those involved in care of our patients together and share what orthopaedic surgery is achieving in NZ with the public.

I want to help bring us together in a fun activity and common goal.” - Ian

“This is an opportunity for myself and my family to give back to a job and career that has given us so much.” - Perry

On this leg they pass the baton to **local host Haemish Crawford**.

For any questions about the day, please contact him directly: HaemishC@abjs.co.nz

If you have any other questions about The Wishbone Foundation, fundraising ideas etc – please email the Events Manager Nikki Wright: nikki@nzoa.org.nz or Vanya Schoeler: vanya@nzoa.org.nz

Fundraising

All travel and trip related costs are to be met by the individual taking part.

Donation go directly into the Wishbone research funding pot and can be made at any time via this [Wishbone Foundation Link](#). If you use the link you will receive an automated receipt & donations from individuals over \$5 are eligible for a tax credit.

Perhaps get friends, family & colleagues to sponsor you on your Wishbone adventure?

Many other hospitals along the route will be hosting events - check on the NZOA website or with your own orthopaedic department & join in.

We'll be posting Relay updates regularly - so even if getting to an event is not possible, you'll be able to follow the fun on the [New Zealand Orthopaedic Association website](#).

Health & Safety

Take note that Wishbone Trust and the NZOA Inc. are not organising the trips and they or their staff or officers have no role to play in providing the trips or managing any aspects of Health & Safety in relation to the trips.

Wishbone Trust is only acting as the recipient of donations made by those choosing to participate in a trip.

You must follow all Health and Safety requirements of the trip organiser and any other provider of services or other organisations with any H&S responsibilities during the trip.

If the weather or other unforeseeable events make the planned event untenable, organisers reserve the right to change venue or plan at short notice.



Participation equals self-management.
Please pack carefully for our changeable NZ outdoors and check/test any equipment beforehand.